

Pain, Anxiety, Stress Evaluation Form

Owner name _____ Veterinarian _____ DATE _____

Phone # (____) _____

Pet Name _____ Breed _____

AGE _____ SEX M _____ F _____

INSTRUCTIONS: Circle the boxes which apply to you with either a 1, 2, or 3
 (1) for **MILD** symptoms (1 or 2 times a month)
 (2) for **MODERATE** symptoms (several times a month)
 (3) for **SEVERE** symptoms (almost constantly)
 Leave the box **BLANK** if it does not apply.

GROUP A

1 - 1 2 3 Abnormal Gait	2 - 1 2 3 Difficult to get up/down
3 - 1 2 3 Cries or moans at times	4 - 1 2 3 Problems getting comfortable
5 - 1 2 3 Change in attitude/personality	6 - 1 2 3 Swishes tail, pins ears
7 - 1 2 3 Has begun to kick or bite	8 - 1 2 3 Shifts weight off of leg
9 - 1 2 3 Had recent surgery or injury	10 - 1 2 3 Less Active & avoids playing
11 - 1 2 3 Is guarding part of body	12 - 1 2 3 Isolates away from others

Total points Group A _____

GROUP B

1 - 1 2 3 Nervous, high strung	2 - 1 2 3 Afraid of storms & loud noises
3 - 1 2 3 Often has digestive problems	4 - 1 2 3 Does not adapt well to change
5 - 1 2 3 Aggressive or fear biter	6 - 1 2 3 Fails to calm easily once upset
7 - 1 2 3 Sweats a lot or excessive	8 - 1 2 3 Vomits with excitement
9 - 1 2 3 Eyes and/or nose dry	10 - 1 2 3 Psoriasis rash that comes and goes
11 - 1 2 3 Obsessive or compulsive issues	12 - 1 2 3 Quick moves startle easily

Total points Group B _____

GROUP C

1 - 1 2 3 Nose and/or eyes watery	2 - 1 2 3 Poor coat, balding or excessive
3 - 1 2 3 Not interested in much, lazy	4 - 1 2 3 Gains weight easily or in odd place
5 - 1 2 3 Diarrhea &/or constipation	6 - 1 2 3 Wounds, skin lesions slow healing
7 - 1 2 3 Tends to get infections	8 - 1 2 3 Weak ligaments, back problems
9 - 1 2 3 Slow start or mover	10 - 1 2 3 Poor circulation, cold intolerant
11 - 1 2 3 Joint Stiffness, upon rising	12 - 1 2 3 Body odor, dandruff or oily skin

Total points Group C _____

Total Points A, B C = _____

Scoring a minimum of 8 points in any one category or 15 points total indicates an animal that has pain and or autonomic nervous system imbalances significant to warrant the benefits of the Alpha Stim™

